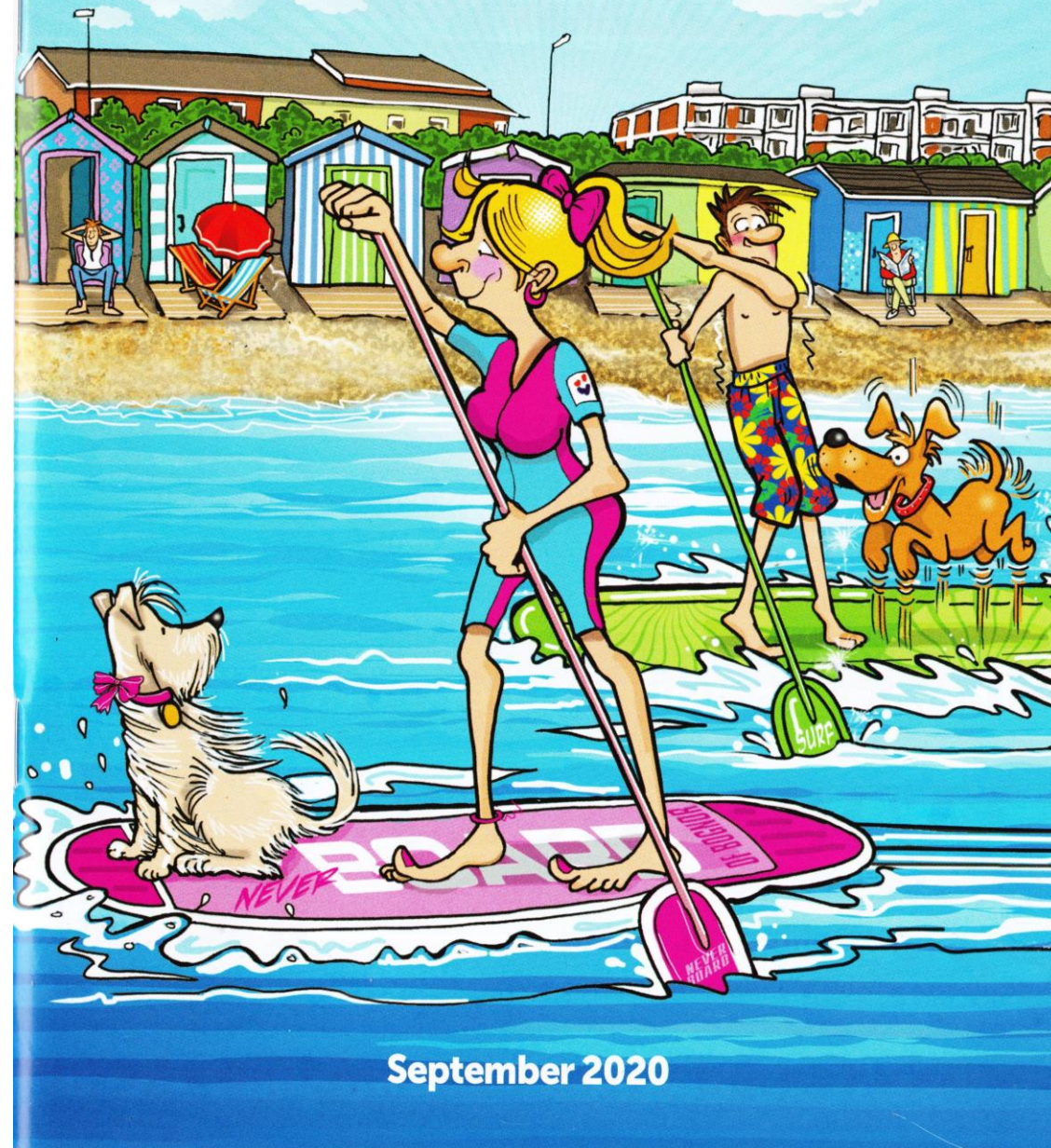


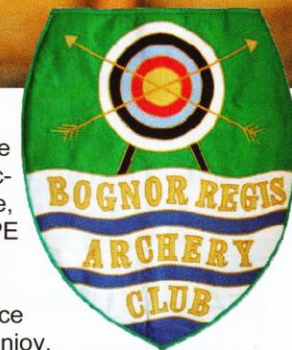
# Sussex views

LOCAL ADVERTISING THAT WORKS



September 2020

## Bognor Regis Archery Club



We are pleased to let you know that our archery club has been able to restart after the COVID-19 lockdown. We observe social distancing, have restrictions on how many archers can shoot at any one time, restrictions on space between targets and everyone must wear PPE whilst putting equipment out and taking it back in. The social and camaraderie aspect of our sport is being curtailed but we still shoot in postal competitions, members can continue to practice and we get our fresh air and exercise whilst doing something we all enjoy.

For those readers who don't know about us we started as a small, friendly target archery club in Bognor Regis in 1985 and has become one of the largest in Sussex!

Our members range from beginners to the very experienced. We have a very enthusiastic team of juniors who are ageing rapidly and we are always on the lookout for new team mates. The seniors, who are ageing in a more sedate manner would be delighted to welcome new members to join them. Archery is an all inclusive sport regardless of age or ability and is ideal for families to shoot together. We have vehicular access for motobility impaired archers at our outdoor ground and our indoor venue.



From beginners courses, to start you off in the very addictive world of archery, courses to give an insight into the workings and setting up of your equipment and how to get the best from it, to coaching with the offer of help and advice when needed. We have teams for most bow disciplines and frequently compete as a club at regional level. Unfortunately we are unable to accommodate crossbows, poppinjay, field and clout archery as our ground is a school playing field. We shoot bows from nearly all disciplines including; recurves, compounds, longbows, barebow, traditional bows, flatbows, and for fun we have a 'toy crossbow' tournament to start the winter season! There are many archers from each discipline who are available for guidance and advice.

So if you fancy taking up a new sport or even revisiting one your past why not join the Bognor Regis Archery Club? We would love to see you.

[www.bognorregisarcheryclub.co.uk](http://www.bognorregisarcheryclub.co.uk)  
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